WHAT IS CLAIMED IS:

A method for producing an intermediate product made of a fiber reinforced composite composed of a reinforcing fiber impregnated with a thermosetting resin or a thermoplastic resin, comprising: (a) the first process where a plurality of sheets made of said fiber-reinforced composite are laminated to each other, heated under a pressure, and cooled-under a pressure to provide a flat plate-shaped laminate; (b) the-second process where said flat plate-shaped laminate is cut into a plate; and (c) the third process where said plate is softened by heating, placed on a forming tool, and formed by cooling

under a pressure

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2. The method for producing an intermediate product according to claim 1, wherein said intermediate product is a semi-hardened product having a hardening degree of 1 to 50 %, said fiber-reinforced composite being composed of a reinforcing fiber impregnated with a thermosetting resin.

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